

Yoga Training Application

Application for Yoga and Meditation Training at Sacred Chill {West} -200 hour

Please provide all the information requested below. All information will be held in strict confidence and used only in regard to Sacred Chill {West} YTT selection.

First and Last Name:

Address:

Phone: E-mail:

Occupation:

Birthdate

Are you currently teaching yoga?

Yes:___ No:___ Number of classes/week:_____ Style:_____

How long have you been teaching?_____

- 1) Describe your personal yoga practice; specifically asana, pranayama, and meditation components.
- 2) How long have you practiced yoga and what does yoga mean to you? How long have you meditated and how has it benefited you?
- 3) How has your relationship with yoga and meditation evolved over time?
- 4) Why do you want to be a yoga and meditation teacher?
- 5) Why is this time in your life appropriate for yoga and meditation teacher training?
- 6) Why are you choosing Sacred Chill {West} for your teaching certification?
- 7) Please list any other certifications, trainings or workshops you have taken. Include dates and instructors names.

8) Are you receiving treatment for any physical or psychological condition?

9) Do you have any chronic physical limitations or disabilities?

Disclosure and Acceptance:

The Sacred Chill {West} staff will rely on the answers in this application to make an informed decision regarding your participation in our program.

Accordingly:

I hereby affirm that the above information is, to the best of my knowledge, true and complete. I understand that providing false information is grounds for rejecting my application, being requested to leave the program, or having my certification revoked. If I am required to leave the program because of any misrepresentation(s) on this application, no tuition will be refunded. Also, I understand that NO refunds in any amount will be made after 7 days prior to the program start date. I have carefully read the program participation criteria, requirements, and agreements expressed herein.

Prospective Student's Signature: _____ Date: _____